

# January 2014

January 27- Learn at Lunch: Topic TBA

**February 10- Learn at Lunch -** "A Client, an Author, and Our Next Artist: Tana Sommer-Belin" <u>Read More</u>

February 12- Art Reception "Color Haven" by Tana Sommer-Belin <u>Read More</u>

Did you know...

Hospice of Santa Barbara has a lending library with more than **400 resources** to help you with questions about end of life and loss. The library is open to all community members.

Grief in the workplace cost American companies more than **\$75 billion annually** in lost productivity according to the Grief Recovery Institute.

Having an up-to-date **Advanced Care Directive** is one of the best ways to insure that your end of life wishes will be honored. Having a current Advanced Care Directive is not only for those near the end of their lives but is recommended

# What's Happening at HSB

## **Dear Friend of Hospice of Santa Barbara**

Many of you received "The Hallways We Travel" where I talk about the presence of Hospice of Santa Barbara in the hallways of nursing homes, schools and at Cottage Hospital. But those aren't the only places where you will find the staff and volunteers of Hospice of Santa Barbara. Every day we are out in the community working with your friends and neighbors to heal the loneliness of grief and the fear of death.

Steve Jacobsen, Executive Director Hospice of Santa Barbara

## Hospice of Santa Barbara in your community:

## **Care Management**

Every day throughout our community HSB's Care Management Team visits the homes of those with a life-threatening diagnosis or terminal illness. HSB's licensed and experienced social workers assess a client/family's needs to determine which services will be beneficial. They also advocate for the family and provide information and referral to community services that ensure the best quality of life for the client/family.

## In the Workplace

Grief can strike at any time and any place, including the workplace. After the death of a coworker, employees can be distracted by emotions that range from confusion to chaotic pain, from dismay to devastation. Hospice of Santa Barbara goes into the workplace after a death to provide support and give staff the opportunity to discuss their feelings and find ways to address the loss and grief as a cohesive group.

## **Community Education**

The community education program at HSB provides education, intervention and support on all topics relating to end of life and grief. In 2013, more than 1440 community members participated in 31 educational opportunities which included presentations to institutes of higher education, social and human service organizations and HSB's ongoing informal "Learn at Lunch" speakers' series. that anyone over 18 years of age.

## **New Donors**

With sincere gratitude, we welcome our new donors. Without our generous donors it would be impossible for Hospice of Santa Barbara to continue fulfilling our mission of caring for those experiencing the impact of a life-threatening illness or grieving the loss of a loved one. (12/1/13 - 12/31/13)

Lynn Alonso

Yolanda Aumentado

Kimberly Batandolo

**Bethany Bemis** 

Susan Bonanno

The Bowers Foundation

Diane Brucklesby

Brigete Buynak

K. Camarillo

Patricia E. Canning

Ken Carter

Tina Contreras

Katherine Cookson

Grainne Cowan

Betty Crane

Julian Cruz

Geraldine Diggins

**Richard Dow** 

Robert and Nancy Eldridge **Doctors Assisting Seniors at Home** 

Hospice of Santa Barbara is a community partner with Doctors Assisting Seniors at Home (DASH) which provides rapid response medical treatment to seniors in their own homes, helping them avoid unnecessary hospital stays and trips to the emergency room. HSB's licensed medical social workers collaborate with the DASH team for the coordination of short and long term care needs.

#### **Five Wishes**

Anyone who has watched a loved one suffer needlessly in the last days of life knows all too well the value of informed conversations about end-of-life wishes with the resulting decisions being incorporated into an advanced care directive. Hospice of Santa Barbara in partnership with the Alliance for Living and Dying Well and other Santa Barbara

community organizations provides trained facilitators to help initiate these types of conversations during community-wide events. Additionally, on the third Wednesday of every month HSB hosts an ongoing community workshop to assist with questions or helping to complete and notarize your Five Wishes.

#### Volunteers

HSB has over 100 trained volunteers working in our community providing transportation to medical appointments, household help, respite care and companionship to those facing the impact of a life-threatening illness.

To support the services HSB provides to the Santa Barbara Community, please <u>click here.</u>

Meet the Staff

Dorothy Ervin Susan Everettt Barbara Finch Alycia Fujimoto Donna Geck Anna Gil-Nangle Yveta Graff Pamela Grant Pegge Guevara Christine Hall Will and Katie Hames Tim Harkness Melissa Hopf David Horrigan Nancy Javore **Michelle Jones** Ethel King Allison Lewis Dawn Luke Barbara Makela Helen Marquette Martha Martinez Yesenia Matamoros Paul and Tammi Matthias Janice McClure Nancy McFadden **Cheryl Meuser** Patricia Miller Rebecca Minkoff



Steve Jacobsen, Executive Director Hospice of Santa Barbara

Today, Hospice of Santa Barbara announces that Executive Director Steve Jacobsen will be stepping down from his position on January 24, 2014.

Steve became Executive Director in 2008, following the retirement of Executive Director Gail Rink. During his tenure the agency has seen the number it serves monthly increase from 280 to 700. The number of children and teenagers served increased from 55 to 170 each month, and the organization now offers professional grief support to students in eight local schools. Among the many other accomplishments the organization achieved during his tenure, Steve implemented a new "Community Spiritual Care" program that has integrated spiritual care into all of the organization's services, including offering professional counseling services at six nursing homes.

"We are extremely grateful to Steve for his remarkable commitment to the mission of Hospice of Santa Barbara these past five and a half years," said Board President Jackie Marston. "While we are deeply saddened by Steve's departure we also celebrate the tremendous and significant contributions he has made to the organization during his tenure."

Of his time here at HSB, Steve says, "It has been a privilege to serve as Executive Director these last five and a half years. The organization's services have expanded in ways I could never have foreseen, and the quality of work done by the staff and volunteers is extraordinary. Several years ago a trusted colleague said to me, 'I

Dave Moore Mrs. Theil Morgan Megan Moya Judy Mulford Clay E. Napier Jeannie Neumann Anne Newman Josh Nyholt Calheme Overman ParentClick.com Wes Pendergrass Livia Perissinotto Dr. Marilyn Perry Virginia Peterson Kathleen Phillips-Lavelle William Porter Judith Powell Jennifer and Michael Purdy Tim Robb **Danny Rodingner Ruben Rodriguez** Bruce and Elaine Rottman Ursula Rulany Lisa Saunden Jennifer Schlax Karol Schnaufer Ed Schroeder

**Jocelyn Shipe** 

**Julie Smith** 

don't think HSB will be your last stop. I think you have at least one more chapter to write.' I'm now ready to begin writing the next chapter in my professional life."

## Alternate Ways to Support HSB

All professional services at Hospice of Santa Barbara are provided free of charge. We rely on the generous support of the community to continue our work. You can support our programs at Hospice of Santa Barbara by:

- Attending one of our informal Learn at Lunch education events on the second and fourth Mondays of the month bring a friend and bring a lunch!
- Send us a personal story about how Hospice of Santa • Barbara has affected your life to info@hospiceofsb.org for possible inclusion in future newsletters.
- Forward this newsletter to your friends and family.
- Follow us on Facebook.

In-kind gifts have as much impact as a gift of cash. Some items currently needed are:

- Gift certificates for Community Supported Agriculture produce • boxes to support healthy nutrition
- Gift certificates to "wash and fold" laundry services and/or dry • cleaning
- Gas cards for transportation to and from medical • appointments
- Drug store gift cards for personal and medical care items •
- Petco gift cards to support a pet companion of those facing a life-threatening illness
- Grocery store gift cards for those experiencing financial hardship due to illness or death in the family

Create a lasting legacy by exploring some of the many charitable gift options by visiting our website or click here.

Mary Smith

Chris Sobell

**Rhett Squires** 

Michael Stein

Sarah Stewart

Tim Swinford

Tom and Julene Tomberg

John Vale

Angie Valente

Clara Van Meeuwen

Kathryn Veith

Gene Wanek

Judy Whirwey

Glenn Wollman, MD

We would also like to acknowledge our new **Heart of Hospice** Supporter (annually renewable gift of \$1,000 or more) (12/1/13 - 12/31/13)

Susannah Rake

If you wish to become a new *Heart of Hospice* member or renew your membership, please contact K.C. Murphy Thompson at 805-563-8820 or <u>visit our website.</u>

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