Hospice of Santa Barbara

WE Thank OUR LUCKY STARS FOR YOU!

hospice

OF SANTA BARBARA, INC.

A Volunteer Hospice Organization

Our beloved donors and volunteers **made a big difference in 2021!



Your Kindness Allowed Us To Care for 2,686 People During Year Two of the Pandemic

As we navigated the second year of the pandemic, Hospice of Santa Barbara continued to support community members dealing with very difficult life circumstances. It is only because of your generosity and kindness that we were able to offer a hand through the adversities of grief, life-threatening illness, and COVID-19, completely free of charge. We also reached 14,642 people through community education and events such as the Illuminate Speaker Series.

You helped families like "Hugo's"

"Hugo" was born prematurely in the fall of 2021. This was a very frightening time for the family, as Hugo had to stay in the hospital for a few weeks before he was strong enough to go home. On top of this stress, Hugo's father had lost his job due to the pandemic, and the family was struggling financially. So shortly after Hugo finally came home, his mom went back

to work, requiring them to purchase expensive formula to feed the baby. Then the entire family got COVID, including baby Hugo. During isolation, they had no income because neither of his parents could work, and they were desperately in need of food, formula, and other necessities. Our care team made sure that Hugo's family received free groceries, diapers, and formula to get them through this difficult time. Hugo's mom is back at work now, and everyone in the family is healthy!

Your compassion allowed us to deliver free food, diapers, and formula to families impacted by COVID-19.



Patient Care Services helped families coping with a life-threatening illness



were better able to navigate the complex challenges of their illness



676 Family Members

were assisted in caring for their ill loved one



impacted by COVID-19 were provided basic necessities like meals and groceries

With Your Compassion, Grieving Kids and Teens Got the Help They Needed

In addition to one-on-one and group counseling, we offer our "I Have A Friend" mentorship program to children and teens. We match trained adult volunteers who experienced the death of a parent or sibling at a young age with children newly coping with a similar death. The unique bond that is formed provides children with a companion who truly understands the incredible loss. Currently, these mentorship relationships are happening via phone.

"Silvia" and "Ana" were paired because they both lost a parent at a young age. When they first started spending time together, they would often watch movies that dealt with the death of a parent. This created the opportunity for them to connect over their own losses and ultimately build a strong bond. Silvia shares, "Our relationship has provided an avenue for Ana to express herself related to her mom passing away. It has also provided healing for me. She's felt safe to talk to me, and I love that I'm able to provide space for her to share anything that she might be struggling with. I didn't have that growing up and I think if I did it would have changed my life."



402 Children and Teens

received counseling and mentorship after losing a loved one

With your generosity, HSB can train and support mentors who help kids feel less alone with their grief

Volunteers Make Everything Possible

101 volunteers lovingly gave 2,911 hours to help those dealing with grief or illness

Maureen Spencer has been a patient care volunteer since 2015. Maureen has a way of connecting beautifully with every person and family she serves, providing a solid presence that is compassionate, non-judgemental, and comforting.

"It is crazy how much I have learned about being a hospice volunteer, with the very humble acknowledgement of so much that I have yet to learn. The subtleties of this mission are incredible and powerful. One of the reasons I was attracted to hospice is that it is full of dichotomies. Fear/peace, weakness/strength, loss/discovery, fight/acceptance. It all exists in a much purer form in the hospice world. It's all very amazing." ~ Maureen

VOIUNTEER SPOTIIGHT



Compassionate Care of Carpinteria Exists **Because of You**

216 children and adults were helped through grief or illness in 2021

Our office in Carpinteria is there to serve children, teens, and adults like "Maggie" and "Martha":

> "Maggie" and "Martha" were best friends in their 70s who lived next door to each

> > other in Carpinteria for many years.

When Maggie was diagnosed with terminal cancer, they were both devastated that what once was their shared lives would soon be coming to an end. Maggie eventually moved to Santa Barbara for hospice care.

Martha didn't have the means to get to Santa Barbara for visits, so HSB stepped

in to help. Our Quality of Life grants paid for transportation to and from Santa Barbara twice a week from Carpinteria so Martha was able to walk Maggie through her final days. After Maggie died, Martha began seeing one of our grief counselors. As Martha starts the journey of integrating this loss into her life, she will be able to see her therapist for as long as she needs to.

Because You Care, **Adults Facing Loss Can Find Hope Again**

HSB's supportive counselors help the grieving pick up pieces where life is broken and begin to put them together in new ways. The understanding, kindness, and skill our counselors offer help people find meaning in life when nothing else can. It gives people much needed hope.

This important work would not be possible without the generous support of our wonderful donors.

"I think Hospice of Santa Barbara is based around compassion. There is also a great deal of professional knowledge among the staff, which provides a depth of service that I haven't seen elsewhere. I think EVERY community across the nation needs something like

473 adults were supported through a devastating loss

this, especially now during this time of COVID. There will be a great need for trauma and grief counseling and support. I'm VERY grateful to all the staff with whom I interacted. Their friendliness, compassion, and understanding were superb. I always felt welcome there." ~ Past Client

community members and professionals received training on issues of death and dying

people had help completing their Advance Healthcare Directives

Illuminate Speaker Series was only possible because of your generosity

This free virtual series was created in response to the uncertainty of the pandemic to help us make sense of our world and connect with others. In 2021, we welcomed 10 renowned speakers such as Katy Butler, Sharon Salzberg, Dr. Sunita Puri, Jenee Johnson, illuminate 🤻 Daniel Goleman, and Pico Iyer.

people joined in from 46 states and 58 countries around the world

Shining Light Society 2021

******* Our work would not be possible without our compassionate Shining Light Society donors. For a list of our other supporters, please visit www.hospiceofsantabarbara.org.

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You Made it Possible for Spanish-Speakers
To Get Critical Information

In partnership with Mi Vida, Mi Voz, HSB has been distributing information related to the pandemic in Spanish. As the pandemic shifts, we are now promoting all resources that may impact the Latino community, with a special emphasis on mental health care. Visit mividamivoz.com for more information.

Spanish-speakers received critical information related to the pandemic and beyond

Planning For The Future

Many of us feel a compelling drive to make a difference in the world, while also taking care of our own family. The good news is that it's possible to create a will or trust to benefit your family, and that also supports an organization you feel passionately about. Please contact us to learn how you can make a difference in the lives and causes you love. You can email Heather Stevenson, Grants & Development Manager, at hstevenson@hospiceofsb.org for more information.



"Remembering HSB in my trust and designating a percentage of my estate is the most perfect way that I can think of to say, 'Thank you, Hospice of Santa Barbara.' I encourage those who believe in the work of HSB to remember this organization as you contemplate the sharing of your resources. I rather like to think of this as 'paying it forward.' This is a gift that will keep on giving long after you are gone." ~ Jeanne West, HSB Legacy Society Member

Legacy Society Legacy Society

Legacy gifts made by these generous donors have a tremendous impact on Hospice of Santa Barbara's ability to provide services free of charge over the long term.

Anonymous (2)

Barbara R. Bengry

Jo & Randy Bittner

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memory of Zander von Wiesenberger

Steve Warner & Vince Turano

Deanne Gillette Violich

Jeanne West

Linda Seltzer Yawitz



Please let us know if you have already named Hospice of Santa Barbara in your estate plans so that we can show you our sincere appreciation! By doing so, you help to inspire others to support our work as well. You can contact Heather Stevenson, Development Manager, at hstevenson@hospiceofsb.org.